Below are a series of Recommended Tools for general maintenance on the average Road or Off-Road Bike and some suggested Ride Equipment to have on hand during Rides.

## **Home Tools**

Floor Pump with Dual Valve Head or Valve Adaptor changing Presta to Schrader

Bike Repair Stand or under Bottom Bracket Display Stand

Bike Cleaners for Components and Frame

Chain Scrubber and Chain Lube

Repair Manual - Park Big Blue Book of Bike Repair BBB-2 is the Best

Complete set of Home Mechanic Bike Tools

Wheel Truing Stand

## **Recommended Tools for Rides**

Bike Bag for Tools

Spare Inner Tube - match your Tire Size & Valve type

Inner Tube Patch Kit and Tire Levers (3 levers for road bikes)

Frame Mounted Tire Pump and Valve Adaptor changing Presta to Schrader

Multi Hex Tool w/ Chain Breaker and Spoke Wrench

Appropriate size Wrenches if Bike is not equipped with Quick Release Levers

Chain Connecting Link - check for right Chain Type & Speed (6, 7, & 8 same)

Chain Lube and Small Rag

Knife or any Cutting Tool

Chalk and Pencil and Paper

12" of Duct Tape around Pencil

Zip Ties or Tie Wire

Flashlight or Bike Light

## **Ride Equipment**

Bike Bag for Gear

Helmet (check for any Cracks)

ID along with Medical Info

First Aid Kit and Kerchief

Dog Repellant Spray / Water Bottle or Doggie Biscuits (Good Cop - Bad Cop)

Appropriate Clothing includes Padded Bike Shorts

Padded Bike Gloves

Sunglasses or Eye Ware to keep Eyes free of debris

Sunscreen or Skin Lotion

Rain Gear, including plastic bags to protect Food and Gear

Visor or Ball Cap to keep glasses clear from Rain or Sun

Red Flashing Taillight for the Rear. A Front Light would help too.

Water Bottles with at least Water

Food and Energy Supplements

Ride Map or GPS

Cell Phone or Walkie – Talkie

Extra Bike Bag for Camera or to hold collected thing from the trip.

Money for Phone or other Fun stuff